

| Variable | Mean | SD | Min | Max |
|--------------------|------|------|-----|-----|
| Age | 34.5 | 10.2 | 21 | 55 |
| Gender | 1.2 | 0.4 | 1 | 2 |
| Marital status | 1.5 | 0.5 | 1 | 3 |
| Education | 12.5 | 1.5 | 9 | 16 |
| Income | 1.8 | 0.8 | 1 | 3 |
| Occupation | 1.5 | 0.5 | 1 | 3 |
| Health status | 1.5 | 0.5 | 1 | 3 |
| Stress level | 2.5 | 1.0 | 1 | 4 |
| Life satisfaction | 3.5 | 1.0 | 1 | 5 |
| Work-life balance | 2.5 | 1.0 | 1 | 4 |
| Family support | 1.5 | 0.5 | 1 | 3 |
| Community support | 1.5 | 0.5 | 1 | 3 |
| Healthcare access | 1.5 | 0.5 | 1 | 3 |
| Quality of life | 3.5 | 1.0 | 1 | 5 |
| Overall well-being | 3.5 | 1.0 | 1 | 5 |

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